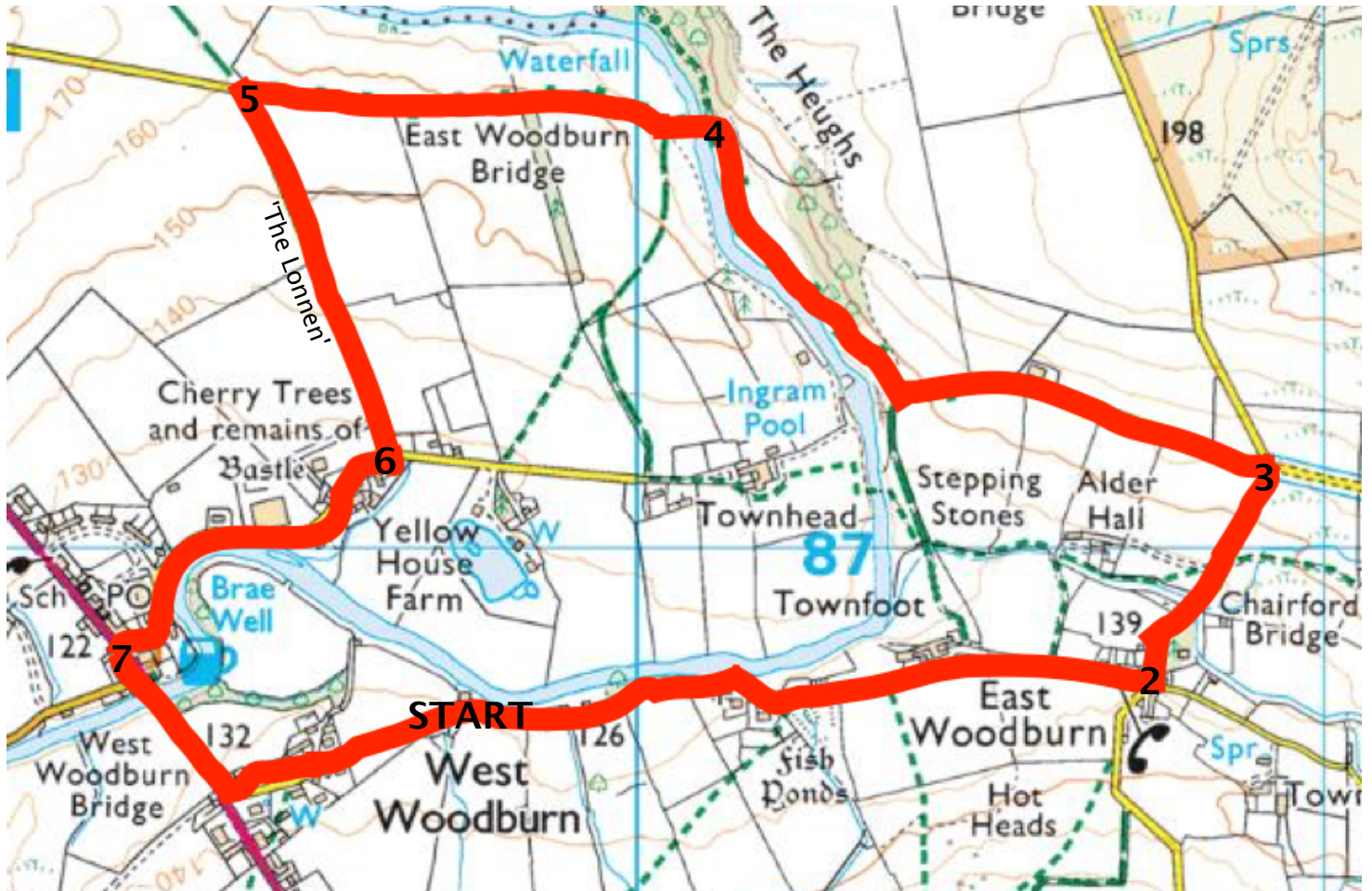


Corsenside Country Walks

Welcome to Corsenside

Corsenside is a county parish of Northumberland and is a vast expanse of beautiful rolling hills and farmland with three tiny villages: West Woodburn, East Woodburn and Ridsdale with about 700 inhabitants in total. As well as beautiful scenery this area contains many historic features of interest and an abundance of wildlife all best seen when walking.



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Walk 1 **RED TRAIL: HEALTH WALK (no stiles)**

Distance: Approx 5km (3 Miles) (1.5 hours to complete) Start: Corsenside Parish Hall (Parking Available)

1. From Corsenside Parish Hall, go east to East Woodburn, following the River Rede past All Saints Church and Townfoot Farm.
2. At East Woodburn turn left to cross over Lises Burn via Chairford Bridge and go up Monkridge Hill passing a field and turn left at the sign post.
3. Follow the track which goes past a barn on the right and through a gate. Continue downwards along the track to follow the River Rede.
4. Cross the river at East Woodburn Bridge. Go through the gate, follow the track up out of the valley and through two fields. Beware of farmers electric fences on this part of the route.
5. After the second field, turn left down 'The Lonnen'.
6. At the T-junction turn right to go back to West Woodburn. Follow the road round to the left past Brae Well back to the A68.
7. Turn left, cross over West Woodburn Bridge and walk up hill and turn first left to return to the parish hall.



Accessibility: The routes on the 'Health Walk' generally have a compacted surface although you will find some paths with a loose surface and potholes which will be muddy at times, part is also bridleway. You can make your own decision where you go, in addition the small roads shown in yellow have tarmac surfaces and 'the Lonnen' can be accessed by vehicle.